

## IshAvAsyopaniShad

pUrNamadah pUrNamidam pUrNAtpUrNamudachyate |  
pUrNasya pUrNamAdAya pUrNamevAvashiShyate ||  
om shAntih shAntih shAntihi ||

om IshA vAsyamidagM sarvam yatkin cha jagatyAm jagat |  
tena tyaktena bhunjithA mA grudhah kasya sviddhanam || 1 ||

kurvanneveha karmANi jijlviShecChatagM samAh |  
evam tvayi nAnyathetoasti na karma lipyate nare || 2 ||

asuryA nAma te lokAh andhena tamasa vRutAh |  
tAgMste pretyAbhigacChanti ye ke chAtmahano janAh || 3 ||

anejadekam manaso javlyo nainaddevA ApnuvanpUrvamarShat |  
taddhAvatoanyAnatyeti tiShThattasminnapo mAtarishvA dadhAti || 4 ||

tadejati tannaijati taddUre tadvantike |  
tadantarasya sarvasya tadu sarvasyAsya bAhyatah || 5 ||

yastu sarvANi bhUtAn-yAtmanyevAnu-pashyati |  
sarvabhUteShu chAtmAnam tato na vijugupsate || 6 ||

yasminsarvANi bhUtAnyAtmaivaAbhUd vijAnatah |  
tatra ko mohah kah shoka ekatvam-anupashyatah || 7 ||

sa paryagAcChukramakAyamavraNa-masnAviragM shuddhamapApaviddham |  
kavirmanIShI paribhUh svayam-bhUryAthA-tathyato-arthAn vyadadhAcChAshvatIbhyah  
samAbhyah || 8 ||

andham tamah pravishanti ye avidyAmupAsate |  
tato bhUya iva te tamo ya u vidyAyAgM ratAh || 9 ||

anya devAhurvidyayA anyadAhuravidyayA |  
iti shushruma dhIrANAm ye nastadvichachakShire || 10 ||

vidyam chAvidyAm cha yastadvedobhayagM saha |  
avidyayA mrityum tIrtvA vidyayAmRutamashnute || 11 ||

andhantamah pravishanti yeasambhUtimupAsate |  
tato bhUya iva te tamo ya u sambhUtyAgM ratAh || 12 ||

anyadevAhuh sambhavAd-anyadAhura-sambhavAt |  
iti shushruma dhIrANAm ye nastadvichachakShire || 13 ||

sambhUtim cha vinAsham cha yastdvedobhayagM saha |  
vinAshena mrityum tIrtvA sambhUtyAmrita-mashnute || 14 ||

hiraNmayena pAtreNa satyasyApihitam mukham |  
tattvam pUShannapAvRuNu satyadharmAya druShTaye || 15 ||

pUShannekarShe yama sUrya prAjApatya vyUha rashmInsamUha tejah |  
yatte rUpam kalyANatamam tatte pashyAmi yoasAvasou puruShah soahamasmi || 16 ||

vAyuranilam-amrutamathedam bhasmAntagM sharIram |  
om kramo smara krutagM smara krato smara krutagM smara || 17 ||

agne naya supathA rAye asmAnvishvAni deva vayunAni vidvAn |  
yuyodhyasmaj-juhurANameno bhuyiShThAm te nama-uktiM vidhema || 18 ||

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|| iti vAjaneyasahitAyAm IshAvAsyopaniShat sampUrNam ||